

- **2 TIMOTHY 1:7(NKJV)** For God has not given us a spirit of fear, but of power and of love and of a **sound mind**.
- Practical arrangements for future services
- **Sound mind**. What does this mean? Having a sound mind, could be defined as looking at the global crisis from a Godly perspective.
- Take note of the facts but always ensure you get God's word as the final say
- Filter out positive news from all the bad reports.
- For example: China on second day with no new Corona cases, there are other diseases with far higher daily fatality rates that the media isn't even mentioning, so there's no fear over those, many people have already been healed and recovered from Corona
- Remember that our enemy satan will always want to keep us bound in fear
- We as the church, has a perfect opportunity to speak into lives that would otherwise not be open to the gospel, much like at funerals

**JOHN 14:27(NLTSE)** "I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid.

**JOHN 16:33(NLTSE)** I have told you all this so that you may have peace in me. Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world."

- Someone has called for a National day of prayer and fasting today. That's great, but may we have a lifestyle of prayer and fasting
- **PSALM 91** declaration prayer of protection, but verse 9 is the condition for these promises
- Here are some healing scriptures to meditate on:

**EXODUS 15:26(NLTSE)** "If you will listen carefully to the voice of the LORD your God and do what is right in his sight, obeying his commands and keeping all his decrees, then I will not make you suffer any of the diseases I sent on the Egyptians; for I am the LORD who heals you

**EXODUS 23:25-26(NLTSE)** You must serve only the LORD your God. If you do, I will bless you with food and water, and I will protect you from illness. 26 There will be no miscarriages or infertility in your land, and I will give you long, full lives

**PSALM 41:3(NLTSE)** The LORD nurses them when they are sick and restores them to health.

**PSALM 103:3(NLTSE)** He forgives all my sins and heals all my diseases

**MATTHEW 10:1(NLTSE)** Jesus called his twelve disciples together and gave them authority to cast out evil spirits and to heal every kind of disease and illness

**MARK 16:18(NLTSE)** They will be able to place their hands on the sick, and they will be healed

**1 PETER 2:24(NLTSE)** He personally carried our sins in His body on the cross so that we can be dead to sin and live for what is right. By His wounds you are healed

**CARE GROUP DISCUSSION**

1. What role should you be playing during the Corona crisis?
2. In light of 2 Timothy 1:7, how does the Holy Spirit help us overcome fear?
3. How can your life improve, in terms of living a lifestyle of prayer and fasting?