

## OUR EYES ON JESUS (2)

2020-02-23

**HEBREWS 12:1-2(NLTSE)** “Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us. We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting Him, He endured the cross, disregarding its shame. Now He is seated in the place of honour beside God’s throne”

- Recap: last week, we discussed that if we turn our face toward the sun, the darkness of the shadows will always be behind us
- That we needn’t fear the darkness because God is there too
- This week, we’ll talk about the humanity of Jesus
  
- Because Jesus went through every possible challenge that humans face and more, He has compassion for us in our weaknesses.

**HEBREWS 4:15(NKJV)** For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin

- Here are some examples of the humanity of Jesus:

- Jesus experiencing grief:

**JOHN 11:35(NLTSE)** Jesus wept

**MATTHEW 26:38(NLTSE)** He told them, “My soul is crushed with grief to the point of death. Stay here and keep watch with me.”

- Jesus experiencing anger:

**MARK 3:5(NLTSE)** He looked around at them angrily and was deeply saddened by their hard hearts.

**MARK 11:15-16(NLTSE)** “When they arrived back in Jerusalem, Jesus entered the Temple and began to drive out the people buying and selling animals for sacrifices. He knocked over the tables of the money changers and the chairs of those selling doves, and he stopped everyone from using the Temple as a marketplace.”

- Jesus experienced a sense of abandonment:

**MATTHEW 27:46(NLTSE)** “My God, my God, why have you abandoned me?”

- God promises to always be there for us:

**JOSHUA 1:5(NKJV)** No man shall be able to stand before you all the days of your life; as I was with Moses, so I will be with you. I will not leave you nor forsake you.

- Nothing can ever separate us from God’s love for us:

**ROMANS 8:38-39(NLTSE)** “And I am convinced that nothing can ever separate us from God’s love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow, not even the powers of hell can separate us from God’s love. No power in the sky above or in the earth below, indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord”

### Footprints

*One night a man had a dream. He dreamed he was walking along the beach with the Lord. Across the sky flashed scenes from his life. For each scene, he noticed two sets of footprints in the sand; one belonging to him, and the other to the Lord. When the last scene of his life flashed before him, he looked back at the footprints in the sand. He noticed that many times along the path of his life there was only one set of footprints. He also noticed that it happened at the very lowest and saddest times in his life. This really bothered him and he questioned the Lord about it. "Lord, you said that once I decided to follow you, you'd walk with me all the way. But I have noticed that during the most troublesome times in my life, there is only one set of footprints. I don't understand why when I needed you most you would leave me."*

*The Lord replied, "My precious, precious child, I love you and I would never leave you. During your times of trial and suffering, when you see only one set of footprints, it was then that I carried you."*

### **CARE GROUP DISCUSSION**

1. What role do emotions play in our lives?
2. What does the expressions of Jesus' emotions say about Him?
3. What can we do, when we feel that our emotions get the better of us?